

“Ilitominon” for the Care of Premature Newborns
June 06, 2026, 09:30 – 21:00
Athens - Golden Age Hotel

Time	Theme
09:30 – 10:00	Registration
10:00 – 14:00	Workshops
10:00 – 11:00	“With Love from the First Breath” The 5 Steps to approach a Premature Newborn <i>Instructors : Pani Pantelides, Giannis Lemonis</i>
11:00 – 12:00	“The Language of the Premature Newborn” Learning to “read” the messages of a premature newborn <i>Instructors : Pani Pantelides, Giannis Lemonis</i>
12:00 – 13:00	“At Their Own Pace” The Transition to Solid Foods in Premature Babies, with Safety, Understanding and Scientific Documentation <i>Instructor: Tasos Mokas</i>
13:00 – 14:00	“Talk to Me – Listen to Me: Building Trust in the Hospital” Communication Skills for Effective Collaboration between Parents and Healthcare Professionals in the NICU <i>Instructor: Maria Papafilippou</i>
14:00 - 16:00	Light Lunch – Celebration of “Ilitominon” 15 Years
16:00 – 21:00	Plenary Session <i>Chairpersons: Silke Mader - Eleni Vavouraki</i>
16 :00 – 16:25	Introduction <i>Speakers: Eleni Vavouraki & Erietta Kourkoulou Latsi</i>
16:25 – 16:45	The power of parent representatives in newborn care – how this can make an impact. <i>Speaker: Silke Mader</i>
16:45 – 17:30	Unpacking the Trauma of Premature Birth <i>Speaker: Pani Pantelides</i>
17:30 –18:15	Zero Separation for the best interest of the Child <i>Speaker: Stina Klemming</i>
18:15 - 18:30	Coffee Break
18:30– 19:15	The First Environment Matters: NICUs and the Foundations of Sensory Development <i>Speaker: Pierre Khun</i>
19:15 – 20:00	Forever Preterm? Very preterm born in adulthood <i>Speaker: Dieter Wolke</i>
20:00 – 20:45	Your hands create the child’s world; what would you want that world to look like? <i>Speaker: Monique van Ouder</i>
20:45 – 21:00	Closing – Conclusions <i>Speakers: Silke Mader & Eleni Vavouraki</i>

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Organizing Office:

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Chairpersons & Speakers

Giannis Lemonis	Occupational Therapist – Early Childhood & Early Intervention Specialist, Sensory Integration Therapy (SI), Dynamic Movement Intervention (DMI) Certified Practitioner Newborn Behavioral Observations (NBO) Trained Practitioner
Pierre Khun	MD, PhD, Professor, Head of the Neonatal Department, Strasbourg University Hospital, France Cognitive & Adaptive Neuroscience laboratory (LNCA, CNRS UMR 7364), Research group “life adversity and pain”
Stina Klemming	MD, Neonatologist, NIDCAP Trainer with the NIDCAP Federation International, Chair of the group for IFCDC in the Swedish Neonatal Society, Chair of the organizing committee for the Swedish Conference on Ultra-Early Intervention
Erietta Kourkoulou Latsi	Founder & President of Kind Things Public Benefit Foundation
Silke Mader	Co-Founder and Chairwoman of the Global Foundation for the Care of Newborn Infants (GFCNI)
Tasos Mokas	Speech and Language Therapist – Bobath Concept (NDT), Sensory Integration Therapy (SI), Special Education Specialist MSc
Monique van Ouder	NIDCAP trainer and Clinical development consultant at the NICU at the Erasmus MC-Sophia Children’s Hospital, Rotterdam Co-director of the Sophia NIDCAP Training Centre, Rotterdam, The Netherlands.
Pani Pantelides	Consultant Neonatal and Pediatric Physiotherapist and Early Intervention Specialist, Senior Faculty of the FINE, NIDCAP Professional, NeuBriC Director
Maria Papafilipou	Family Psychotherapist, MSc, Lead Trainer Attachment Parenting International, Founder and Chairwoman of Attachment Parenting Hellas.
Eleni Vavouraki	MD, PhD, President of “Ilitominon”, GFCNI PPAB Member, European Standards of Care for Newborn Health Chair Committee Member
Dieter Wolke	Professor of Developmental Psychology and Individual Differences, Ph.D. Dr h.c. mult Dipl-Psych AFBPS C. Psychol. Department of Psychology and Division of Health Sciences, Warwick Medical School, University of Warwick

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